

YOUR FAMILY FUN CENTER

SPORTS of All SORTS



Sports of All Sorts *Sports Performance*

"The Results You Have Always Looked For"

Who: Any Team/Athlete interested in Improving:

- Strength
- Reduce Risk of ACL Injury
- Vertical Jump
- Speed and Quickness
- Team Unity

When: ****Times available upon request****

Where: Sports of All Sorts (Mt. Zion Road Exit of I-75)

Contact: Sports of All Sorts (859) 372-7754 or log onto www.sportsofallsortsky.com

Sports of All Sorts

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